

# Central Kansas Dream Center

## Step 1 Program Rules

### Intake Rules

1. **A \$300 non refundable induction fee is due on day of entry, followed by a \$300 per month tuition.**
2. A vow is made to the Lord for a 9 month (270 day) commitment to the program.
3. Upon admission, all possessions are surrendered to CKDC leadership for an authorized search. Leadership will determine what is acceptable. Personal searches will be conducted by same-sex security personnel.
4. **Must submit to and pass a drug and nicotine urine analysis.**
5. All medications are to be turned into our office for proper distribution. Prescriptions for narcotics and other controlled substances are not allowed.
6. What not to bring:
  - a. Cell phones
  - b. DVD's or DVD players
  - c. Laptops or Tablets
  - d. MP3 players which can connect to the internet.
7. What to bring:
  - a. Christian CD's
  - b. MP3 players which do not connect to the internet and have only Christian music on them
  - c. Headphones
  - d. Bible and Journal
  - e. Fan and alarm clock
  - f. Stationary, Stamps, Pens, Pencils, Etc.
  - g. Pictures of your children and immediate family

### Program Rules

It is your responsibility to know the schedule and program rules. Failure to follow them will result in consequences.

1. Rules are subject to change at anytime.
2. No alcohol, drugs, or tobacco products, including E-cigs and vapor pens. Breaking this rule will result in immediate dismissal.
3. Room Curfew is at 10:00 pm each night and lights out 10:30 pm unless prior approval is granted by the Staff Representative.
4. After completing their first month, each disciple will be allowed one off-campus four hour family visit per month. Any overnight visits are at the discretion of leadership.
5. It is important for both the parent and their minor child(ren) that relationship and interaction do not cease while you are in this program. Children and parents need consistent interaction to help children process, grow, and thrive through this time of change. Therefore, disciples with minor children will be allowed to have two visits each month for two hours. Visits must be scheduled at least two weeks apart. The four hour off campus visit each month (after the probationary period) will count as one of the two parent-child visits and can include other family members. If a minor child is in DCF custody, the visitation schedule will be compliant with the foster care case plan.
6. Staff requests for passes/visits must be submitted five days prior to the requested date and time. These must be approved by leadership.
7. Name calling, taunting, threatening tone of voice, verbal abuse, sexual harassment, or violence towards others will not be tolerated at any time.

8. Horse play or physical rough-housing will not be allowed as this can lead to unnecessary aggression.
9. Observe and maintain the utmost courtesy and Christian behavior toward other disciples, staff members, and the public.
  
10. Rules for Church and Chapel:
  - a. Notes are to be taken during each church service.
  - b. Be at the door ready to leave at 7:45 am for the women and 9 am for the men.
  - c. If there is an evening service on Sunday, be at the door ready to leave at 6 pm.
  - d. On Wednesday evenings, be at the door ready to leave by 6 pm. When Wednesday evening suppers are being served, be ready to leave by 5:30 pm.
11. Students must provide a contact list for phone calls. Call lists can only include family members, no friends.
12. Students will not be allowed to have or use bar soap, bath salts, potpourri, or candles.
13. **NO FRATERNIZATION. No contact with the opposite sex without leadership approval. (No notes, letters, conversations, touching, or dating.)**
14. **NO secular music is allowed anywhere, at any time, including in the CKDC vehicles.**
15. Rooms are to be kept clean and orderly. Periodic inspections by security will be made. Failure to comply means no off-campus pass.
16. Lay-ins are only permitted with a note from the doctor or with leadership permission.
17. Phones in office are to be used only upon approval of staff.
18. **You may be asked to submit to a drug, nicotine, and/or alcohol breathalyzer tests at anytime.**
19. Stealing is grounds for immediate dismissal.
20. Noise level must be considerate. A radio should only be loud enough for a room's enjoyment.

### **Classroom Rules**

1. Be downstairs by 8 am and in the classroom ready to start by 8:30 am. You must have permission from staff showing a reasonable purpose for being late or absent.
2. Be prepared for class – this includes chapel time. Bring books, paper, pens, Bibles, homework, etc. with you.
3. Be patient. Be quiet.
4. Be respectful of all speakers: listen and do not interrupt them with questions while they are sharing in group studies.
5. You may not eat or drink in the classroom except for water, coffee, and hard candies. Drinks must have lids.
6. Do not be out of class without permission.
7. Make sure your desk or work area is neat and tidy each day before leaving class.

### **Personal Hygiene and Cleanliness**

1. You must shower every day.
2. Brush teeth as often as necessary – at least two to three times per day.
3. You must wash your hair as often as needed – at least three times per week.
4. Use deodorant daily.

### **Dress Code and Modesty**

The Lord wants your beauty to be demonstrated in your actions, as well as your dress. We should be as attractive and neat as possible so that when people see us, we reflect Him.

1. You must be properly dressed in the dorm rooms or apartment.
2. Clothes must be changed in the bathrooms or closets. No dressing/undressing in the dorm rooms/bedrooms.
3. You will need to keep socks or flip flops on, no bare feet (except in the bedrooms).
4. No worldly clothing or accessories with slang, skulls, etc.

### **Women**

1. If you wear leggings your shirt must cover your rear.
2. No cleavage is to be shown (undershirts need to be worn if your shirt is cut low or doesn't fit tight up against you).
3. Dresses, shorts, and skirts are to be mid thigh.
4. No spaghetti straps are to be worn without an over shirt.
5. Pajama's can not be revealing: shorts and nightgowns have to be mid-thigh. If your pajamas have spaghetti straps, you will need to make sure you are not lounging in them, only use them for bedtime.
6. Please be mindful that sometimes our undergarments can be seen through our clothing. You may be asked to change or put on something underneath. To prevent this, check yourself in the mirror and with natural sunlight and wear neutral color undergarments.

### **Men**

1. No tank tops with the sides cut out. Abdominal and Pectoral muscles must be covered.
2. No walking around outside the bedrooms/dorm rooms without a shirt.
3. Pajama's must be worn: no sleeping in underwear.

**“No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.” Hebrews 12:11**

**Updated on 3/25/2019**